



LENTEN PROJECT

Video Library

ASH WEDNESDAY, Father Sibley

- As I look back to Ash Wednesday, can I see that I am living my life differently today?
- As Lent continues, how am I being called to more sincerely live my life for God?

DAY 3, Sister Tracey Dugas

- Given the uncertainty of these times, how can the prayer, “I believe. Lord, help my unbelief!” bring consolation to me and my family?

DAY 4, Cardinal Timothy Dolan

- At this point in Lent, in what ways can I unite myself to Jesus on the cross so that He might put to death my inner battle of “darkness and light” in order that I, too, can rise to new life with Jesus on Easter?

DAY 5, Kendra Tierney

- What are/might be the visual and tactile reminders in my home environment that are effective in helping me (and my family) stay motivated to keep up our Lenten disciplines?

DAY 6, Paul George

- During this “spiritual move” of Lent, what is God asking me to get rid of and declutter?
- What in my life needs to be removed so that I can move forward into freedom and purpose?

DAY 7, Bishop Douglas Deshotel

- As I glance at my daily life, can I truly say I have been following Christ by being charitable to my neighbor, loving God, welcoming the stranger, and helping those in need?
- What call is Christ giving me this Lent?

DAY 8, Karlo Broussard

- What is the evidence for God in my own life?

DAY 9, Father Sibley

- Does my face light up when I see my loved ones and others? (Can I risk asking my spouse or children for their opinion?)

DAY 10, Father Patrick Broussard

- How might “Our Lady of Childbirth” bring consolation to me or a loved one who has struggled with infertility, miscarriage, or even death of a child?
- What is my favorite image of Our Lady that speaks to my soul? Why?

DAY 11, Jennifer Fulwiler

- Can I see God working in the inconveniences brought on by the Pandemic and rightly see this time as an “adventure”?
- Where in my life do I need to give up control?

DAY 12, Father Mark Mary

- How are my Lenten penances offering me a new peace and a deeper stillness?

DAY 13, Father Sibley

- What are the most nourishing traditions of the Catholic Church to me?
- Can I trust in these darker times that Easter will come?

DAY 14, Sr. Mary Mother of God, Kiefner

- Have I ever considered doing all of my actions *in, with, through, and for* Mary; and how might delivering myself to her spirit help me to draw closer to Jesus?
- What gratuitous graces might I need from Mary in order to accomplish abandoning myself to her and to her Son?

DAY 15, Fr. Lappe

- Is there anything that might keep me from asking the Lord to put into my heart a deep desire for conversion and change?
- How am I responding to the grace of humility that the Lord is offering to me this Lent?

Day TBD, Sr. Mary of Calvary

- What form is the Cross taking in my life right now?

- What keeps me from embracing this Cross and trusting the “good” it will bring?